

Everything Workplace DiSC Workshop

COURSE SPECIFICATIONS

Course length: 3-4 hours

COURSE DESCRIPTION

Overview

Your values, motivations and personality have the power to drive your success or your failure at work or at home. Our DiSC workshop enhances your ability to use your natural personality/communication style to better collaborate with others in order to become a more influential professional and leader.

You will learn about the four basic personality/communication styles and how the styles blend, clash and interact with each other. You will identify your own style, participate in individual and group activities, learn how to quickly adapt your communication approach based on your audience and appreciate the unique strengths and differences of others. As a result, you will become a more agile and effective leader, communicator, and team member. You will also gain key strategies to avoid potential success inhibitors that can destroy your reputation. This engaging, interactive, and well received workshop incorporates a DiSC behavior assessment to give a more complete understanding of yourself and others.

You will leave this workshop with a sound understanding of how to use your personal style to enhance your professional reputation, relationships and career aspirations.

Learning Objectives

After completing this program, participants will be able to:

- Identify the 4 basic personality/communication styles of human beings
- Deeply understand the dynamics of their own style and how they typically interact with others
- Embrace the diversity and differences of others
- Implement best practices on how to adapt one's style to better communicate and influence others

Expected Outcomes

- Increased self-awareness
- Appreciation of the style of others
- Build bridges between team members and further develop rewarding relationships
- Develop strategies for dealing with conflict
- Improved communication and leadership effectiveness
- Understand effective ways of dealing with difficult people
- Learn how to mold your communication style to meet the needs of others
- Ability to give feedback to people in a style they can understand and accept
- Appreciate each other's unique strengths and accept each other's limitations



COURSE CONTENT

Pre-work: Everything DiSC Assessment

DiSC participants will receive an Online DISC Profile access code via email 5-10 days prior to the DiSC workshop and will complete their profile online.

Lesson 1. What is DiSC?

- Understand the science and history behind the DiSC assessment
- Examine why understanding your DiSC style is important in the workplace

Lesson 2. Understanding the DiSC Profiles

- Understand the components of your personal DiSC profile
- Understand the profiles of others participants and/or team members

Lesson 3. Using DiSC in the Real World

- Practice using styles in real-world scenarios (ex. decrease conflict, influence others, give feedback, etc.)
- DiSC “Under Stress”: Learn more about potential success inhibitors when you are under stress
- Strategize how to use your personal style to positively impact your career and/or goals